

Some examples of areas in which I can support parents are:

- Early intervention with friendship and behaviour issues.
- Attendance concerns
- Family circumstances that may be affecting your child's education e.g. parental separation, bereavement or illness.
- Medical/health concerns.
- Developing parental engagement through family learning workshops and activities.
- Transition support to secondary school.
- One to one support for parents.
- Attending/running whole family meetings.
- Facilitating parental support groups
- Finding services and other agencies available to help families.



How to Contact Me

You can find me on the KS1 yard most mornings between 8.45am—9.00am.

Alternatively, you can leave a message at the school office (0191 4884400) and I will contact you to arrange a convenient appointment for you to meet with me.

Parenting is probably one of the hardest jobs we do; asking for help is a positive move and not a negative one. No one is here to judge.

Contact Details

Family Support Worker:

Mrs Vicky Tough

Tel: 0191 4884400

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Family Support Worker

Working with families to connect home and school



What is a Family Support Worker?

A Family Support Worker seeks to support Parents/Carers to get the very best possible for children during their time in school.

A Family Support Worker can help parents by bridging the gap between home and school when difficulties, however large or small, arise.

What can the Family Support Worker do?

Being a parent can be a rewarding and happy experience however there can also be times of worry and difficulty, and this is where the Family Support Worker may be of help.

A Family Support Worker can offer early intervention work in school, preventative support and guidance, alongside advice to improve outcomes for children by working in partnership with families.

We may not have all of the answers, but by working in partnership we might be able to help you work out how to find them.

About Me



My name is Mrs Vicky Tough and I am the Family Support Worker at Washingwell Primary School.

I joined the school in January 2018. I have worked with children and families for over 20 years in a variety of settings including Barnardo's, the NHS and, most recently, Durham County Council.

As well as being a Family Support Worker I am also a parent of two boys aged 5 and 7 years of age. You may hear me talk about them!

I am here to support your child and you as parents/carers, with home or school that are affecting the child's ability to lead a full, active and fulfilling life.

Some examples of areas in which I can support children are:

- Listening sessions
- Bereavement
- Family breakdown
- Bullying
- Friendship and social skills development
- School transition
- Anxieties
- Homework planning
- Strategies to deal with emotions
- Confidence and self esteem building

I work with children on a one to one and small group basis tailoring the session content to the needs of the individual child. I aim to provide an opportunity for children to have a safe environment to explore issues and feelings.

